

December 10, 2023

Written by  
THE  
FAITHFUL  
DISCIPLE

## Second Sunday of Advent

Is 40:1-5, 9-11 | 2 Pt 3:8-14 | Mk 1:1-8

### **GROW** AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

Can you hear it? The voice crying out in the desert? While John the Baptist was the one literally proclaiming, from the desert, the coming of the Lord, we should listen for echoes of his message today. John foretold that Jesus – the Father’s Incarnate Son – was on his way to redeem the world. Through Jesus’ passion and death, the gates of heaven were flung open so all who believe in him would have eternal life. This is the Good News he proclaimed then, and the Church proclaims today: *Christ has come! Christ has died, Christ is risen, and Christ will come again.* This is what we prepare for in Advent – to celebrate, on Christmas day, Christ’s coming into the world, and that he will one day return in glory. The Lord gives comfort to his people in his words, and in his presence to us in the Eucharist: “According to his promise we await new heavens and a new earth in which righteousness dwells.” So, trust in the Lord, remain vigilant, and take heed of the voices that remind us to “prepare the way of the Lord.”

### **GO** EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

Each year, we are given the gift of Advent. It is a season that invites us to slow down, reflect on the gift of Jesus and prepare to celebrate the Nativity of the Lord. Ironically, though, it happens at one of the most frenzied times of the year as we rush to keep up with cookie baking, tree decorating and merry-making. Advent is short – it includes four Sundays but can be three to four weeks long depending on the weekday upon which Christmas falls – and it sometimes doesn’t seem long enough to truly prepare our hearts. This year Advent is three weeks and a day – so we are close to reaching the midway point, which is a good time to ask ourselves: How tuned in are we to John the Baptist’s message? If we feel like we’re being carried along in a wave of consumerism, it’s not too late to make a course correction. We can step away from the fray and carve out time to enjoy the stillness of Advent and truly listen to the voice crying out in the desert.

**SING** *Furrows, be glad. Though earth is bare,*

*One more seed is planted there:*

*Give up your strength the seed to nourish,*

*That in course the flower may flourish.*

*People, look east and sing today:*

*Love, the rose, is on the way.*

“Prepare the  
way of the Lord,  
make straight  
his paths.”

(Mk 1:3)